

**Who needs this qualification?**

Designed for learners who participate in any level of manual handling in the workplace or in their day to day lives. This qualification covers how to move and handle objects in a safe way and minimise the risk of injury to yourself and others when undertaking manual tasks.

**How long will it take?**

Delivery would typically be through a 1-day training course or 2 half-day training sessions (10 hours).

**Learning Outcome**

These include reasons for safe manual handling, risk assessments, manual handling equipment and how to apply safe manual handling principles.

**Class size maximum**

20 Learners (1 Trainer)

**Certificate validity**

The Level 2 Award in Manual Handling Principles and Practice Best Practice is valid for a period of three years.

**Assessment method**

This qualification is assessed by a multiple-choice examination and a practical examination. To Awarded this qualification the Learner must achieve a percentage pass in the MCQ & assessment.